



We recommend the following gear to help ensure your paddle is as safe and enjoyable as possible. Please read it over carefully, and contact us if you have any questions or concerns.

CLOTHING, OUTERWEAR AND GEAR:

Rain jacket - ponchos are acceptable

Jacket or sweater

Shoes that you are willing to get dirty

Water bottle

Baseball cap or other brimmed hat to protect you from the sun or rain.

Small day-pack

OPTIONAL CLOTHING AND EQUIPMENT:

Sunscreen, lip balm, sunglasses

Camera

Note: If you choose to bring cell phones, iPods or other electronic devices, consider putting them in a plastic bag to keep them dry.