



Southeast News

Southeast Seniors
A Living at Home/
Block Nurse Program

Spring 2013

Celebrate Southeast! April 27, 2013, 1:00—4:00 p.m.

University Lutheran Church of Hope
601 13th Av SE, Minneapolis

1:00—3:00

MUSIC & SILENT AUCTION

Music by Jody Ouradnik, Stu Anderson, & Jan Stroup. Bid on MN Twins box; fine art; pottery, Joe Mauer autographed sports item, gift cards to area restaurants, entertainment, hotels and activities; & more!

TASTE OF SOUTHEAST

Sample delicious food donated by Southeast area restaurants: Applebee's, Blarney Pub & Grill, Burrito Loco, Café Biaggio, Caspian, Espresso Royale, Gardens of Salonica, Green Spoon, House of Hanson, Kafe 421, Kramarczuk's, Loring Pasta Bar, New French Bakery, Signature Café, Vescio's, Village Wok and more!

Check our website for updates!

3:00—4:00

SOUTHEAST HONORS

Program honoring our founders & celebrating the 25th Anniversary of Southeast Seniors

TICKET PRICES

Adults \$15 Seniors \$10 (65 and older)
Children \$5 (10 and under)

This event is a fundraiser for
Southeast Seniors

Information: 612-331-2302

seseniors@mtn.org

www.seseniorsmpls.org & facebook

2012 Celebrate Southeast



Susan Anderson, Don Fraser and friends

DON AND ARVONNE



Delicious food from area restaurants!

Board Chair Susan Anderson looks back

“It feels good to care for people,” says longtime board member Susan Anderson, “And Southeast Seniors inspires that thinking in neighborhood residents.” “Of course neighbors smile and nod to each other, but with the presence of our organization, community members are more alert to the needs of others,” she adds.



After 25 years, Susan is pleased with the way the organization has turned out, especially the volunteer and financial support of the community. She attributes part of its success to a staff and board of directors who are committed and invested in making sure the mission is a success. Despite persistent threats of reduced funding, Susan sees the future as bright due to strong financial support from a variety of sources including neighbors, businesses, churches and foundations.

As Board Chair and Chair of the Fundraising Committee, Susan has helped ensure the security of the organization’s mission by helping initiate a new tradition, “Celebrate Southeast” which serves as a celebration and fundraiser for Southeast Seniors each spring.

A few words from one of our Founders, Kay Jones

After 25 years, one of Southeast Seniors’ founders, Kay Jones, doesn’t worry about the commitment of neighbors to the organization. She says that’s been proven through the years. Kay says the original idea for Southeast Seniors was a neighbor helping neighbor concept. At the time there were lots of seniors and lots of nurses in Prospect Park - the first neighborhood to be part of Southeast Seniors. It was a perfect situation to try out the Block Nurse idea.

The founding residents were told they needed \$40,000 for start-up costs to make sure they would be sustainable. She recalls large donations from Weyerhaeuser, Minneapolis Foundation, and others, as well as very generous donations from individuals in the neighborhood.

Kay says it required a great deal of effort by a lot of people. She attributes Southeast Seniors success to this firm foundation, continued strong neighborhood support and an active board made up of 20—25 Southeast residents.

Kay believes Southeast Seniors will continue in a big way if the degree of involvement remains high and it stays true to its’ roots: Neighbor helping neighbor.



Thank you to our Donors and Supporters! With your help, Southeast Seniors is able to help approximately 300 seniors remain safely in their homes with an enhanced quality of life. The following have contributed to Southeast Seniors during the period of March, 2012 – February 2013.

BUSINESSES

Sigrid & David Coats
House of Hanson
Joe's Market and Deli
The Johnston Group, LLC
McMonigal Architects
Nelson's Repair Service
Pete's Como Barber Shop
Right at Home
Ruffridge Johnson Eq. Co.
Southeast Auto Service
Terrace Horticultural Books
Washburn McReavy Funeral Chapels

CHURCHES & ORGANIZATIONS

First Congregational Church
JOY Group
St. Lawrence Council of Catholic Women
University Baptist Church

GRANTS/FOUNDATIONS

Allina Health System
Catholic Community Foundation
City of Minneapolis CDBG
Consumer Assn. For Community Action
Hennepin County
Minneapolis Foundation
Northwest Area Foundation
State of Minnesota DHS
Stevens Square Foundation
James R. Thorpe Foundation
WCA Foundation
Wilder Foundation

IN HONOR OF

Donald & Joan Erickson
Mildred Leigh
Rosalie "Mandy" Seibel
Phyllis Thornley
Darla Wexler
John Wike

IN MEMORY OF

Dr. Roger E. Anderson
Anne Barnum
Matland Cook
Lewis Downing
Jack Ervin
Rodney French

Ada Gorham
James R Horswill
Ann Jockey
Pastor David Johnson
Peter LaSha
Kazuko Matsuura
Cal and Marge Miller
Shirlee Myers
William P. O'Donnell
George and Betty Porteous
Carola Russell
Margaret Spector
Erma Stewart
Phyllis Thornley

IN-KIND DONATIONS

Allegra Print & Imaging
Auto-Graphics
Sara Dotty
Mark Hirsch
Holmes Park Village
Karl Jones
Kay Jones
Labor Retreat
Luxton Park
Mackay Envelope Co.
Pratt Community School
Tom Sengupta
Steve Sorensen
St. Lawrence Catholic Church
University Lutheran Church of Hope
Van Cleve Park

INDIVIDUALS

Sharla & Norm Aaseng
Milosava Acamovic & Christopher Wilson
Peter and Lynne Ackerberg
Donna Almsted & Tim St. Martin
Stuart Anderson & Joellen Ouradnik
Cam Andre & Evelyn Czaia
Anonymous
Brian & Susan Anderson
Jean Anderson
Julian Andersen
Judy Anderson
Joyce Anderson
Maren Anderson
Roger Anderson
Stu Anderson & JoEllen Ouradnik
Julie Andrus

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Sigrid Bachman	Frank Fleming & Susan Larson Fleming
Mary Baker	Barbara & Ken Ford
Martha Ballard & Paul Chrenka	Rick & Katie Fournier
Subir Banerjee	Elaine & Krzysztof Frankowski
Nicholas Banitt	Sally French
Marilyn & Merritt Bartlett	Lisl Gaal
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Corrie Beck	Jean Garbarini
Patricia Belois	Greta & Tony Garmers
Emelia Bernat	Stacey Gassman
Clark Beyer	Regis Gaudet
William Biermaier	Olecksandra Gelecinskyj
Alfred E. & Sharon Bigot	Gordon James Gladman
Marjory Black	Josephine Glittre
Nancy J. Black	Sarah Godfrey & Bill Fisher
Gerald T. & Judy Bratt	David Goldes & Sheryl Mousley
Doyle & Judith Britton	Dr. Eville Gorham
Elanor & David Brown	Jeff & Susan Gottlieb
Jane Burnham & Steve Banks	Annalee and E.D. Gray
Zoa Buske	Jill Griffiths
Joan Campbell	Anne Hage
Millie & Paul Caspersen	Robert Halbach & Pat Larson
Vern & Gladys Chelte	Arlene Hammer
Carol Cocharn	Kenneth and Anna Hampton
Carol Cook	Jeanne Hanson
Beverly Corbett	Amy Hargens
Leland and Dianne L Crandall	David & Pam Harris
Lawrence & Claudia Crawford	Marvel Harris
Stanley & Joanne Cyr	Georgia Haug
Bill Dane & Peggy Russell	Floyd & Charlotte Hawkinson
Rene & Lydia Dawis	Mildred Heine
Judith L. DeLaittre	Richard & Pauline Hendrickson
Marilyn DelPlaine	Suzi Henriches
Bob Distad and Linda Messenger	William & Charlotte Herman
Michael J. Dixon	Anne Hibbard
Kate Donahue	Kathy Hoaglund
Mary Kay Dooley	Jacqueline & Hans Hodne
Sally Downing & Mike Brothers	Elisabeth Hoff
James F. & Carole N. Drake	Mildred Holmgren
Alvin Easter	Carol Horswill
Sharon Emery & Richard Gilyard	Peter Hudleston
Eldora Erickson	Bernard Jacob
Karen Erickson	Richard Jacobi
Lloyd E. & June Erickson	Tove Jespersen
Jean Ervin	Anthony Jocketty
Caryn Evenmo	Ardes Johnson
Judy and Ted Farmer	Cindy Johnson & Vic Thorstenson
Kristina Felbeck	Karen Johnson
Carol Ferguson	Harriet & Walter Johnson

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Kathleen J Jones	Ruth & Steven Mayer
Charles & Sally Jorgensen	Steven Mayer
Phyllis & Donald Kahn	Ronald J. & Nancy McCoy
John & Nancy Kari	David & Esther McLaughlin
Tomoe Katagiri	Peter & Nancy McLaughlin
Mos & Carol Kaveh	R. Scott & Heather McQueen
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Kimberly Kensinger	Raia Meltzer
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Terence Kilburn	Marji Miller & Bill Porteous
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Jim & Suzanne Kosmolksi	George Nelson
Dr. Linda F.Krach & Dr. Robert Kriel	Diane Q. Noble
June & Joseph Kroening	Vivian Nordgren
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Roxanne Markoff & Daniel Patenaude	Virginia Puzak
Vera & Byron Marshall	Mary Quirk
Yosh & Kay Matsuura	George Rabasa & Juanita Garciagodoy
Patricia & Richard Maxey	Johanna Radzwill

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Dave Rasche
Kathleen Reilly
Leona Reyelts
Gratia Reynolds
Joan & George Riedl
Robert Rogers & Mary Parish
Elizabeth Rome
Joe Russell
Peggy Russell and Bill Dane
LeRoy & Helen Sahlin
Timothy L. & Sally D. Sawyer
Annette Schardin & Dan Gausman
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Stephen Willging & Katherine Wells
Jeff Willius & Sally Gibson
Linda Wilson & D.J. Leary
Lloyd & Laura Wittstock
Frank & Raquel Wood
Dorothea Zatocil
Paul & Betts Zerby

We also thank our nursing agency, Fairview Home Care and Hospice; our many dedicated volunteers; our Board of Directors; and our staff.

A huge thank you to the hundreds who contributed items for our silent auction and the restaurants that contributed food for the Taste of Southeast at our Celebrate Southeast fundraising event last year and this year. You are all wonderful!

We apologize for any errors

Celebrate Southeast

April 27, 2013, 1:00–4:00 p.m.

Thank you to the following restaurants who are donating food for the Taste of Southeast:

Applebee's, Blarney Pub & Grill, Burrito Loco, Café Biaggio, Caspian, Espresso Royale, Gardens of Salonica, Green Spoon, House of Hanson, Kafe 421, Kramarczuk's, Loring Pasta Bar, New French Bakery, Signature Café, Vescio's and Village Wok.

We have over 100 items donated for the Silent Auction. Here are just a few:

MN Twins Box and Twins Jacket

Alexis Bailey wine tasting and bottle of wine

Several fine art paintings, pottery, quilted items, and photography.

Joe Mauer autographed sports item

Soup for a month

Home-made pies

Gift cards from area restaurants, businesses and entertainment

Macphail summer camp gift card

Mystic Lake night lodging and buffet

Textile Center one year membership

Cooking class

Depot Renaissance Hotel weekend night stay and water park tickets

Thank you to our wonderful committee:

Susan Anderson, Chair

Lynne Alpert, Kate Donahue, Kris Felbeck, Bruce Graff, Ardes Johnson, Kay Jones, Kristin Midelfort, Nancy Miller, Jere Purple, Mary Quirk, Joan Riedl, Lois Schardin, Laura Weinberger, Tom Weist, Darla Wexler, and to our Board and Staff and many others.

Thank you to our sponsors:

Ed Lawler

Right at Home—Northeast

A Little Bit of History

“A couple of years ago, Wanyce Sandve of Minneapolis watched two elderly neighbors in her Prospect Park neighborhood struggle to the realization that they no longer could keep up their homes and care for themselves. One sold her house and moved away, the other went to a nursing home. Sandve, a retired public health nurse who was involved with senior citizens in the neighborhood, decided to see what she could do to prevent that from happening again.”

Minneapolis Star Tribune, 5/26/88

The idea for Southeast Seniors started in the early 1980's when Southeast residents Wanyce Sandve and Gene Taylor told each other that when they retired they would do something for Southeast. Many other people made similar commitments to help seniors in Southeast. Initial funding for the program came from individuals, businesses, churches and organizations in Southeast, and foundations: Carolyn, Medtronic, Minneapolis, NSP, James R. Thorpe and Weyerhaeuser. The program was based on an idea that started with the St. Anthony Park Block Nurse Program in St. Paul. This led to the formation of the Prospect Park Block Nurse Program in 1988 and the expansion to Southeast Seniors, A Living at Home/Block Nurse Program in 1992 to serve all of Southeast.

Twenty five years later Southeast Seniors has grown to providing services for over 300 seniors every year. The value is shown both in the many seniors who were able to stay at home because of the program and by how the neighborhood has come together to help senior neighbors. We look forward to a future of helping many more seniors live well at home with an enhanced quality of life.



Southeast Seniors
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Minneapolis, MN 55414
Phone: 612-331-2302
www.seseniormpls.org
seseniormpls@mtm.org
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**Celebrating
25 years
Of service**

Celebrate Southeast! April 27, 2013

What is Southeast Seniors?

Many seniors prefer to live in their own homes. **Southeast Seniors is a non-profit, 501c3, organization of health care professionals and neighbors who help people 65 and older** remain independent and safe at home. Our service area includes the neighborhoods of Como, Marcy Holmes and Prospect Park in Southeast Minneapolis.

Through a contract with Fairview Home Care, we provide nursing services: care after hospitalization, care in chronic illness, management of medications, care of feet and nails, nutritional advice, blood pressure checks; and **home health aide services:** bathing, shampooing, skin care, changing bed linens, meal preparation, light housework, and laundry. **We work with Medicare and all insurance companies in providing these services. We also have a sliding fee scale available.**

Other services provided: visiting volunteers; services by our Outreach Nurse; connecting seniors with services such as Lifeline, Vision Loss Resources, grocery shopping, Meals on Wheels, support for hearing loss; and assistance with chore services, home maintenance and transportation. **We also sponsor intergenerational activities and health seminars in the community.**

Call us if you, a friend or neighbor would like more information, 612-331-2302.

**Thank you to our many wonderful donors
and supporters listed on the insert!**